### **Recreation & Leisure Degree Advisory Meeting Minutes 2023**

### 2/21/23 12:00-1:30pm Kinesiology (KIN) faculty Lindsay Costello, Bobby Godinez and Sara Ortiz

Mapped out potential classes for the Recreation and Leisure Studies degree and AA requirements. Created class titles and class numbers: RECR 100: Introduction to Recreation and Leisure Services, RECR 101: Outdoor Recreation, RECR 102: Recreation and Leisure Services, RECR 103: Inclusive Leisure, RECR 104: Leisure in Society. Checked on minimum qualifications for instructors to teach classes in recreation and leisure studies.

## 3/28/23 10:00am-12:30pm Kinesiology (KIN) faculty Lindsay Costello, Bobby Godinez, John Mosley and Sara Ortiz

Reviewed the five core courses and created class descriptions for each course:

Major Core Requirements: (15 units) (5 core courses)	
RECR 100:	This course introduces students to the historical, philosophical, and social
Introduction to	issues in the field of recreation and leisure. With emphasis on various sectors,
Recreation and	students examine leisure service delivery systems, public parks and
<b>Leisure Services</b>	recreation, nonprofit and for-profit sectors, therapeutic recreation, and
(3)	diverse groups. Additional topics include delivering recreation and leisure
	services, such as program delivery systems, recreational sport management,
	adventure and outdoor recreation, types of art and cultural experiences, and
	international perspectives. Discussions include various educational programs,
	services for people across the life span, and leisure as a profession.
<b>RECR 101:</b>	This course introduces the principles and philosophies of recreation in the
Outdoor	outdoors. Emphasis is on creating optimal learning opportunities in outdoor
Recreation (3)	environments, designing effective lessons, and identifying methods that are
	best for the participants and the environment. Topics will also include
	managing risks and safety, trends and employment opportunities, the benefits
	of outdoor recreation on our overall health and cultural and social issues in
	outdoor recreation.
<b>RECR 102:</b>	This course introduces students to competency-based management in the
Recreation and	field of recreation and leisure. Students examine the scope of management
Leisure Services	responsibilities and how management can affect an agency and its customers.
(3)	With emphasis on specific management areas, students examine financial
	management, marketing, human resources, employee development,
	communication, and evaluation. To broaden students' perspectives,
	additional topics include strategies for advancing diversity, equity, and
	inclusion in the workplace, reducing prejudice, and building competencies
	for addressing interpersonal and systemic challenges. This course also
	prepares students for the Certified Park and Recreation Professional (CPRP)
	qualifying exam.

<b>RECR 103:</b>	This course provides practical and theoretical information to prepare students
<b>Inclusive Leisure</b>	to apply the concept of inclusivity to all areas of the recreation and leisure
(3)	field. With emphasis on a strengths-based approach, students learn how
	inclusivity can be applied to personnel and administrative practices,
	organizational philosophy, infrastructure design, and community relations
	among groups from diverse populations such as those with disabilities, social
	and cultural differences, and diversity of all ages. Additional topics include
	programming in sports, art, aquatics, tourism, fitness, and special events.
	Discussions include perspectives on ethical issues facing people with
	disabilities, inclusive recreation, and leisure as a matter of social justice, and
	as a critical professional practice.
<b>RECR 104:</b>	This course presents an overview of leisure and its impact on both the
Leisure in Society	individual and society. Emphasis will be on the effect of leisure on the
(3)	quality of life, the social significance, and the factors that influence
	individuals' leisure choices and the level of involvement in leisure activities

### 5/18/23 12:00pm-1:30pm Kinesiology (KIN) faculty Lindsay Costello, Bobby Godinez, John Mosley, Sara Ortiz, and Dave DeMaio Recreation Coordinator

Met with Dave DeMaio who is a recreation coordinator to create program description and program PLO's:

#### **Program Description:**

The Recreation and Leisure Studies AA program provides students with the education, training, and hands-on experience needed to enter the field of recreation, parks, and leisure industries. Students learn basic service industry skills necessary for successful employment in the recreation, leisure, and parks field. This program is designed to meet the needs of students interested in seeking entry-level employment in a wide range of positions within the recreational industry. Career opportunities include recreation attendant, program coordinator, event planner, recreation program leader, corporate wellness, pool manager, camp counselor, theme park attendant, and other related occupations.

#### **Program PLO's**

- 1. Compare and contrast recreation and leisure programs and services within the community.
- 2. Explain the principles and practices of safety and risk management in recreation and leisure services.
- 3. Analyze community needs for parks and recreation programs.
- 4. Create recreation programs and understand how to supervise staff.
- 5. Demonstrate leadership skills in recreation programs.
- 6. Administer a wide variety of parks and community services.

# 6/7/23 9:30am-1:30pm Recreation Zoom Meeting Kinesiology (KIN) faculty Lindsay Costello, Bobby Godinez, John Mosley, Sara Ortiz, and Kimberely Diana Romero

Met with the faculty to discuss how to create new courses in the new curriculum system eLumen. We discussed who was going to write each course along with the Online Distance Education Addenda.

## 8/17/23 10:30am-3:30pm Recreation Meeting Kinesiology (KIN) faculty Lindsay Costello, Bobby Godinez, and Sara Ortiz

Completed the Proposed New Program Request (PNPR) for the new Recreation and Leisure Studies AA Degree.